



COVENTRY HIGH 2017-18 MENU

Students must select a minimum of 3 items to qualify as a reimbursable lunch!
Students must take at least one fruit or vegetable.

LUNCH
PRICE:
\$3.00

NEW IN 2017-18

STRAWBERRY AND MIXED BERRY SMOOTHIE

MADE WITH WHOLE STRAWBERRIES AND BLUEBERRIES WITH YOPLAIT VANILLA YOGURT AVAILABLE DAILY FOR \$2.00 EACH OR WITH A HOT SOFT PRETZEL AND SIDE DISHES AS PART OF A \$3.00 LUNCH!



GOURMET ENTRÉE SALADS AVAILABLE DAILY! \$3.00 EACH

(INCLUDES A 2 OZ HOT SOFT PRETZEL, MILK AND JUICE)

BUFFALO CHICKEN, FRESH FRUIT SALAD, VEGGIE SALAD, GRILLED CHICKEN SALAD, ITALIAN SALAD AND POPCORN CHICKEN SALAD!



Bosco's Cheese Sticks available Mondays, Wednesdays and Fridays

Bosco Prezel Cheese Sticks available Tuesdays and Thursdays

\$1.75 each

Not available as part of \$3.00



Smart Snack Compliant
\$2.50 for a 3oz bag



Cookies n Cream, Cookie Dough, Chocolate and Vanilla, and Sour Patch Strawberry

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The USDA is an equal opportunity provider and employer.

COVENTRY HIGH 2017-18 MENU

Students must select a minimum of 3 items to qualify as a reimbursable lunch!
Students must take at least one fruit or vegetable.

LUNCH
PRICE:
\$3.00

SEPTEMBER 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 4 (Beginning) September 4 LABOR DAY NO SCHOOL!		COMET TACO BAR 2 Halves of Chicken, Beef or Cheese Quesidillas OR ALTERNATE ENTREE Tons of Veggie Toppings PICK 2: BBQ BAKED BEANS OR TEX MEX BAKED BEANS PICK 2: WATERMELON Giant Goldfish Cookie	4 FRENCH TOAST STICKS OR 9 MINI PANCAKES WITH 2 SAUSAGE LINKS OR ALTERNATE ENTREE PICK 2: POTATO TRIANGLES PICK 2: BANANA W/ CHOC SYRUP	SUB YOUR WAY BAR Choice of: White or Herb & Cheese Choice of: Fajita Chicken, BBQ rib 5 Meatballs, Burger, or Italian OR ALTERNATE ENTREE PICK 2: 2 POTATO TRIANGLES PICK 2: APPLES W/ CARAMEL OTIS CHOCOLATE CHIP OR M&M COOKIE	WAFFLE FRY BAR LARGE SERVING OF SEASONED WAFFLE FRIES W/ CHOICE OF TOPPINGS: - 3 OZ HOMEMADE NACHO CHEESE SAUCE, REAL BACON BITS, SOUR CREAM - 2 OZ HOT SOFT PRETZEL OR ALTERNATE ENTREE PICK 2: FRESH STEAMED BROCCOLI PICK 2: FRUIT & FORTUNE COOKIE
WEEK 1 (Beginning) September 11	EVERYTHING CHICKEN BAR 6 REG OR SPICY CHICKEN NUGGETS OR POPCORN CHICKEN W/ DINNER ROLL OR ALTERNATE ENTREE PICK 2: MASHED POTATOES BUTTERED CORN PICK 2: STRAWBERRIES	COMET TACO BAR Walking Tacos w/ Nacho or Cool Ranch Doritos OR ALTERNATE ENTREE Tons of Veggie Toppings PICK 2: BBQ BAKED BEANS OR TEX MEX BAKED BEANS PICK 2: WATERMELON Giant Goldfish Cookie	BREAKFAST CROISSANT SANDWICH OR PEPPERONI, PEPPERONI & SAUSAGE OR CHEESE PIZZA OR ALTERNATE ENTREE PICK 2: POTATO TRIANGLES, PICK 2: BANANA W/ CHOC SYRUP	SUB YOUR WAY BAR Choice of: White or Herb & Cheese Choice of: Fajita Chicken, BBQ rib 5 Meatballs, Burger, or Italian OR ALTERNATE ENTREE PICK 2: 2 POTATO TRIANGLES PICK 2: APPLES W/ CARAMEL OTIS CHOCOLATE CHIP OR M&M COOKIE	WAFFLE FRY BAR LARGE SERVING OF SEASONED WAFFLE FRIES W/ CHOICE OF TOPPINGS: - 3 OZ HOMEMADE NACHO CHEESE SAUCE, REAL BACON BITS, SOUR CREAM - 2 OZ HOT SOFT PRETZEL OR ALTERNATE ENTREE PICK 2: FRESH STEAMED BROCCOLI PICK 2: FRUIT & FORTUNE COOKIE
WEEK 2 (Beginning) September 18	EVERYTHING CHICKEN BAR 6 REG OR SPICY CHICKEN NUGGETS OR POPCORN CHICKEN W/ DINNER ROLL OR ALTERNATE ENTREE PICK 2: MASHED POTATOES BUTTERED CORN PICK 2: STRAWBERRIES	COMET TACO BAR Taco Salad, Nacho Supreme or Two Tacos OR ALTERNATE ENTREE Tons of Veggie Toppings PICK 2: BBQ BAKED BEANS OR TEX MEX BAKED BEANS PICK 2: WATERMELON Giant Goldfish Cookie	4 FRENCH TOAST STICKS OR 9 MINI PANCAKES WITH 2 SAUSAGE LINKS OR ALTERNATE ENTREE PICK 2: POTATO TRIANGLES PICK 2: BANANA W/ CHOC SYRUP	SUB YOUR WAY BAR Choice of: White or Herb & Cheese Choice of: Fajita Chicken, BBQ rib 5 Meatballs, Burger, or Italian OR ALTERNATE ENTREE PICK 2: 2 POTATO TRIANGLES PICK 2: APPLES W/ CARAMEL OTIS CHOCOLATE CHIP OR M&M COOKIE	WAFFLE FRY BAR LARGE SERVING OF SEASONED WAFFLE FRIES W/ CHOICE OF TOPPINGS: - 3 OZ HOMEMADE NACHO CHEESE SAUCE, REAL BACON BITS, SOUR CREAM - 2 OZ HOT SOFT PRETZEL OR ALTERNATE ENTREE PICK 2: FRESH STEAMED BROCCOLI PICK 2: FRUIT & FORTUNE COOKIE
WEEK 3 (Beginning) September 25	EVERYTHING CHICKEN BAR 6 REG OR SPICY CHICKEN NUGGETS OR POPCORN CHICKEN W/ DINNER ROLL OR ALTERNATE ENTREE PICK 2: MASHED POTATOES BUTTERED CORN PICK 2: STRAWBERRIES	COMET TACO BAR Walking Tacos w/ Nacho or Cool Ranch Doritos OR ALTERNATE ENTREE Tons of Veggie Toppings PICK 2: BBQ BAKED BEANS OR TEX MEX BAKED BEANS PICK 2: WATERMELON Giant Goldfish Cookie	BREAKFAST CROISSANT SANDWICH OR PEPPERONI, PEPPERONI & SAUSAGE OR CHEESE PIZZA OR ALTERNATE ENTREE PICK 2: POTATO TRIANGLES, PICK 2: BANANA W/ CHOC SYRUP	SUB YOUR WAY BAR Choice of: White or Herb & Cheese Choice of: Fajita Chicken, BBQ rib 5 Meatballs, Burger, or Italian OR ALTERNATE ENTREE PICK 2: 2 POTATO TRIANGLES PICK 2: APPLES W/ CARAMEL OTIS CHOCOLATE CHIP OR M&M COOKIE	WAFFLE FRY BAR LARGE SERVING OF SEASONED WAFFLE FRIES W/ CHOICE OF TOPPINGS: - 3 OZ HOMEMADE NACHO CHEESE SAUCE, REAL BACON BITS, SOUR CREAM - 2 OZ HOT SOFT PRETZEL OR ALTERNATE ENTREE PICK 2: FRESH STEAMED BROCCOLI PICK 2: FRUIT & FORTUNE COOKIE

DAILY FRUIT & VEGETABLE OPTIONS
 PICK 2 FRUIT: FRESH FRUIT, CANNED FRUIT, AND JUICE
 PICK 2 VEGS: MENUED ITEMS, SM. SALADS, CUCUMBERS,
 COLESLAW, CARROTS AND HOT VEGETABLE

AMERICAN GRILL DAILY ALTERNATE ENTREES INCLUDE: PEPPERONI, PEPPERONI & SAUSAGE OR CHEESE PIZZA
 EVERY M,W,&F, CHEESY GARLIC BREAD W/ DUNKING SAUCE EVERY TUES & THURS. REG. CHICKEN SANDWICHES, HAM-
 BURGERS, CHEESEBURGERS, SMOOTHIES, GOURMET ENTRÉE SALADS & FISH SANDWICHES ON FRIDAYS

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LUNCH
PRICE:
\$3.00

OCTOBER 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 4 (Beginning) October 2nd	EVERYTHING CHICKEN BAR 6 REG OR SPICY CHICKEN NUGGETS OR POPCORN CHICKEN W/ DINNER ROLL OR ALTERNATE ENTREE PICK 2: MASHED POTATOES BUTTERED CORN PICK 2: STRAWBERRIES	COMET TACO BAR 2 Halves of Chicken, Beef or Cheese Quesidillas OR ALTERNATE ENTREE Tons of Veggie Toppings PICK 2: BBQ BAKED BEANS OR TEX MEX BAKED BEANS PICK 2: WATERMELON Giant Goldfish Cookie	4 FRENCH TOAST STICKS OR 9 MINI PANCAKES WITH 2 SAUSAGE LINKS OR ALTERNATE ENTREE PICK 2: VEGGIE OPTIONS 2 POTATO TRIANGLES PICK 2: FRUIT OPTIONS BANANA W/ CHOC SYRUP	SUB YOUR WAY BAR Choice of: White or Herb & Cheese Choice of: Fajita Chicken, BBQ rib 5 Meatballs, Burger, or Italian OR ALTERNATE ENTREE PICK 2: 2 POTATO TRIANGLES PICK 2: APPLES W/ CARAMEL OTIS CHOCOLATE CHIP OR M&M COOKIE	WAFFLE FRY BAR LARGE SERVING OF SEASONED WAFFLE FRIES W/ CHOICE OF TOPPINGS: - 3 OZ HOMEMADE NACHO CHEESE SAUCE, REAL BACON BITS, SOUR CREAM - 2 OZ HOT SOFT PRETZEL OR ALTERNATE ENTREE PICK 2: FRESH STEAMED BROCCOLI PICK 2: FRUIT & FORTUNE COOKIE
WEEK 1 (Beginning) October 9th	EVERYTHING CHICKEN BAR 6 REG OR SPICY CHICKEN NUGGETS OR POPCORN CHICKEN W/ DINNER ROLL OR ALTERNATE ENTREE PICK 2: MASHED POTATOES BUTTERED CORN PICK 2: STRAWBERRIES	COMET TACO BAR Walking Tacos w/ Nacho or Cool Ranch Doritos OR ALTERNATE ENTREE Tons of Veggie Toppings PICK 2: BBQ BAKED BEANS OR TEX MEX BAKED BEANS PICK 2: WATERMELON Giant Goldfish Cookie	6 MINI CORN DOGS OR REGULAR CORN DOG OR PEPPERONI, PEPPERONI & SAUSAGE OR CHEESE PIZZA OR ALTERNATE ENTREE PICK 2: VEGGIE OPTIONS OVEN BAKED CURLY FRIES PICK 2: FRUIT OPTIONS BANANA W/ CHOC SYRUP	SUB YOUR WAY BAR Choice of: White or Herb & Cheese Choice of: Fajita Chicken, BBQ rib 5 Meatballs, Burger, or Italian OR ALTERNATE ENTREE PICK 2: 2 POTATO TRIANGLES PICK 2: APPLES W/ CARAMEL OTIS CHOCOLATE CHIP OR M&M COOKIE	NEOEA DAY NO SCHOOL FOR STUDENTS!
WEEK 2 (Beginning) October 16th	EVERYTHING CHICKEN BAR 6 REG OR SPICY CHICKEN NUGGETS OR POPCORN CHICKEN W/ DINNER ROLL OR ALTERNATE ENTREE PICK 2: MASHED POTATOES BUTTERED CORN PICK 2: STRAWBERRIES	COMET TACO BAR Taco Salad, Nacho Supreme or Two Tacos OR ALTERNATE ENTREE Tons of Veggie Toppings PICK 2: BBQ BAKED BEANS OR TEX MEX BAKED BEANS PICK 2: WATERMELON Giant Goldfish Cookie	4 FRENCH TOAST STICKS OR 9 MINI PANCAKES WITH 2 SAUSAGE LINKS OR ALTERNATE ENTREE PICK 2: VEGGIE OPTIONS 2 POTATO TRIANGLES PICK 2: FRUIT OPTIONS BANANA W/ CHOC SYRUP	SUB YOUR WAY BAR Choice of: White or Herb & Cheese Choice of: Fajita Chicken, BBQ rib 5 Meatballs, Burger, or Italian OR ALTERNATE ENTREE PICK 2: 2 POTATO TRIANGLES PICK 2: APPLES W/ CARAMEL OTIS CHOCOLATE CHIP OR M&M COOKIE	WAFFLE FRY BAR LARGE SERVING OF SEASONED WAFFLE FRIES W/ CHOICE OF TOPPINGS: - 3 OZ HOMEMADE NACHO CHEESE SAUCE, REAL BACON BITS, SOUR CREAM - 2 OZ HOT SOFT PRETZEL OR ALTERNATE ENTREE PICK 2: FRESH STEAMED BROCCOLI PICK 2: FRUIT & FORTUNE COOKIE
WEEK 3 (Beginning) October 23rd	EVERYTHING CHICKEN BAR 6 REG OR SPICY CHICKEN NUGGETS OR POPCORN CHICKEN W/ DINNER ROLL OR ALTERNATE ENTREE PICK 2: MASHED POTATOES BUTTERED CORN PICK 2: STRAWBERRIES	COMET TACO BAR Walking Tacos w/ Nacho or Cool Ranch Doritos OR ALTERNATE ENTREE Tons of Veggie Toppings PICK 2: BBQ BAKED BEANS OR TEX MEX BAKED BEANS PICK 2: WATERMELON Giant Goldfish Cookie	BREAKFAST BAGEL OR BISCUIT SANDWICH OR PEPPERONI, PEPPERONI & SAUSAGE OR CHEESE PIZZA OR ALTERNATE ENTREE PICK 2: VEGGIE OPTIONS 2 POTATO TRIANGLES PICK 2: FRUIT OPTIONS BANANA W/ CHOC SYRUP	SUB YOUR WAY BAR Choice of: White or Herb & Cheese Choice of: Fajita Chicken, BBQ rib 5 Meatballs, Burger, or Italian OR ALTERNATE ENTREE PICK 2: 2 POTATO TRIANGLES PICK 2: APPLES W/ CARAMEL OTIS CHOCOLATE CHIP OR M&M COOKIE	WAFFLE FRY BAR LARGE SERVING OF SEASONED WAFFLE FRIES W/ CHOICE OF TOPPINGS: - 3 OZ HOMEMADE NACHO CHEESE SAUCE, REAL BACON BITS, SOUR CREAM - 2 OZ HOT SOFT PRETZEL OR ALTERNATE ENTREE PICK 2: FRESH STEAMED BROCCOLI PICK 2: FRUIT & FORTUNE COOKIE

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 EVERY M,W,&F, CHEESY GARLIC BREAD W/ DUNKING SAUCE EVERY TUES & THURS. REG. CHICKEN SANDWICHES, HAM-
 BURGERS, CHEESEBURGERS, SMOOTHIES, GOURMET ENTRÉE SALADS & FISH SANDWICHES ON FRIDAYS**

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